



Camille Calhoun – 6 yrs

Netball has taught me how to play a team sport with other people. It also has taught me how to play different kinds of positions. I like netball because I get to play my favorite position, which is center. Thank you for teaching me the sport of netball.



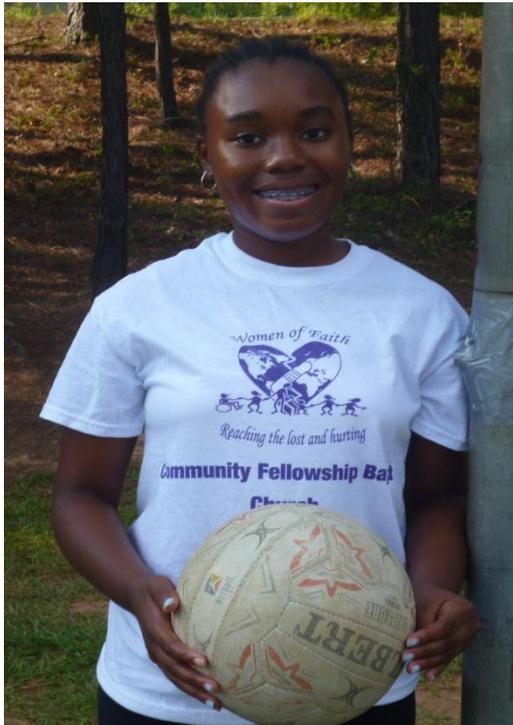
Paris Welsh – 15 yrs

My experience in netball was extravagant because I learned how to do things differently. I learned how to play a sport I never thought I would play. I learned the method of the game. I learned the court and everything about it. I loved the coaches and how they were dedicated every Thursday and hot Saturdays. I like that everyone got along. One thing I found weird was that it wasn't a contact sport so it really isn't soccer. So when I get back to soccer I'm going to have to adjust to not touching the ball. But I thank everybody for all the work you put in and everything you've taught me.



Niang Muang – 13 yrs

I feel lucky to be able to join the program and I really enjoy it. I got to make new friends and meet new people as I learn how to play netball. As soon as I learn more about netball and start playing, it became one of my favorite sports. I have fun every time I play it. This is also a sport that changed the way I think about myself and help me become a better person. GO NETBALL!



Naomi Calhoun – 10 yrs

Netball has been a great experience for me. I like it because it is one of the first sports that I have completed and enjoyed. I also like it because it feels good to know a sport that not many other people know about. Netball has taught me how to play a team sport. It has also taught me how to be a "true defender". What a wonderful sport!



Dominique Norton – 16 yrs

The Go Girl Go program has been so influential and fun! Having an outlet this summer has made it so much more awesome and I have learned so much. Hearing personal stories from female athletes and Olympians has encouraged and inspired me to never give up on my dreams. Meeting new friends was an amazing bonus! I loved learning to play netball the most and being able to get regular exercise while having fun. I hope to continue playing and maybe teaching another young lady all the great values I've learned from netball and Go Girl Go someday. Go Netball!



Sierrah Maddox – 8 yrs

I really enjoy the Netball program because it is really fun. I have made many new friends and have learned how to play as a team. I got a chance to meet a WNBA player and she played a game with us that was really cool. Netball really works you out. I have learned how to run and now I eat healthier and drink lots of water. I am happy I played Netball this summer it is a great program.



Trinity Curtis – 12 yrs

Netball is actually a cool sport. This summer netball camp was a highlight, I looked forward to the practices on Thursdays, and Saturdays I was able to make new friends who accepted me for who I am. The camp was a fun program and I really enjoyed the coaches. I was exposed to a new and challenging sport but still had a lot of fun. Because of participation in this camp I was able to get in plenty of exercise and not lay around the house. I found netball to be interesting and hopefully I can continue playing in the near future.



Danielle Norton – 14 yrs

Netball is a very inspirational game that challenges both the body and the mind. Netball taught me teamwork, and how to better cooperate with the other players. Netball taught me that you can exercise and stay active while still having fun and enjoying yourself. I really enjoyed this program and hope to continue playing netball after it is finished. I really just had a blast this summer. Who knew that all that practicing I had to do would pay off so well? I just want to say a HUGE thank you to my leaders and teammates for allowing me to have such an exceptional summer.



Nia McConico – 13 yrs

I have enjoyed netball over the past couple of weeks. I have to admit when I first started I didn't want to go, because I didn't know the sport and I didn't like the fact of playing sports during the summer, but as the weeks went on I got better and my mood changed. I felt better about exercising and getting healthier, because I wasn't doing it alone. Also, during the past weeks I met some new people and since none of us knew the sport we all learned together and formed some sort of bond. I think netball is a sport that girls and women should give a try, because it's never too late to start. I plan on continuing this program after the summer session ends just to see where netball can take me and how far I'll go! NetBall is an amazing sport and I'm really glad I gave it a try!



Nadira Riley – 11 yrs

Thank you for allowing me to join the netball summer camp. I really enjoyed being here this summer because I meet new people and learned new things and for the first time in a long time everyone there remembers my name and I was so happy. I hope to see everyone's faces again next summer. I really do appreciate everyone believing in me. I am not the normal size of an 11 year old girl. I really do like netball now it's so fun. I really like playing a game of netball against my team mates it's really fun. I had so much fun playing netball. I'm really looking forward to playing some more netball. Thanks for allowing us to meet a WNBA player. I think that was really cool. I hope the Crusaders win all your games.



Kalen Robinson – 14 yrs

When my mom told me that she signed me up for netball, I wasn't too happy about it. I didn't want to play a sport and I didn't know what to expect. The first netball practice rolled around, and I came there very unwilling. But once we got started, I realized it wasn't that bad. I was surprised at myself because I felt that I could actually be good at a sport! This experience has been great for me. My stamina has really grown. I went from running 2 laps and being out of breath, to running 4 and being ready to play. I've come to realize I actually like this sport and that I can be athletic.



Sage Headley – 13 yrs

When my mom used to tell me about how she used to play netball when she was younger, I must admit, I was not at all interested in trying it out. It seemed way too difficult and boring for me, and after I tried it out about 8 weeks ago it still seemed that way to me. As soon as I finally got the hang of it though, I grew to love it. Netball has taught me teamwork and a new way of staying fit. I've met many talented and friendly people during my experience at the 8-week summer camp that I hope to stay in touch with. I want to thank all the coaches that have challenged me to play netball to the best of my abilities and then some and have taught me how to play a sport that I can continue to play for the rest of my life.



Tyla Headley – 12 yrs

Netball has been a very wonderful experience for me. My mum used to play it when she was a kid, and she would tell us about it. I never thought I would get the chance to play it, but because of this program I did. I really love sports, and I play quite a lot, so it was very nice to learn a new one. Also, it was really good that it was a summer program, because that means I could be doing exercise that is more enjoyable than running on a treadmill. On the first day that I came to the netball program, I was very clueless. It was kind of like basketball, which I used to play, but it was harder. At first I was put on being a shooter, but I realized I was better on defense. The coaches were very helpful and made sure that we knew we could ask them questions if we needed to. We did drills that made it easier to understand netball. Also, all the other kids in the program were very nice. Netball is definitely something I would like to continue doing!

***** PARENT TESTIMONIALS *****

Hello my name is Tarique Maddox. I am the mother of Sierrah Maddox my eight year old daughter. I am very happy that we found out about the Netball program. I have done a lot of research on programs for my daughter to be a part of. The programs offered were too expensive or uninteresting. I was very impressed with the Netball program. My daughter is much more confident and really has starting enjoying exercising. She also is choosing to eat healthier without me having to say anything. As a parent I am trying to make healthier nutritional choices. My daughter is so excited about playing Netball. She doesn't really enjoy other extracurricular activities like Netball. She has made a lot of friends. The Netball program really has impacted our family. The directors really care about my daughter. They were encouraging, supportive, and tough. Sierrah now has the knowledge of playing Netball and will continue to play. Meeting a WNBA player really impacted her. As a parent my goal is to provide her with positive experiences and this is definitely one of them. I truly would recommend this program to others.

Ladies,

Thank you so much for allowing my girls, Naomi & Camille, the opportunity to learn this new sport. I have seen their confidence grow during the last few weeks. This is their first opportunity to play a team sport and I love that it has shown them the importance of sharing and doing their part. They are so excited to come and they are disappointed when the weather doesn't permit them to play. They are looking forward to being a part of a junior team.

Vanessa Calhoun

I have truly enjoyed this experience with Netball. My daughter Nia has participated in a lot of sporting activities and this is one of the 1st that she really researched on her own without any prodding from me or her dad. This is also one of the few sports that she has participated in where they not only learned and perfected the sport, but included healthy and nutritional education. We have been working on being healthier at home and this has reiterated some of the things we have been telling Nia. The coaches have been great and I really like the team concept that they promote and including all of the players from the youngest to the oldest even if the person was not the best at Netball. Neither I nor my daughter had ever heard of Netball before this program. I have almost learned as much as she has about the program. My daughter, Nia has expressed an interest to continue in the program provided it doesn't interfere with her school activities once school begins and I am looking forward to watching her play this sport.

Genevieve McConico

This has definitely been a great experience for both my daughter and I. We both enjoyed learning about a sport we never knew existed. I'm always open to the opportunity for her to learn something new. I'm also pleasantly surprised to say she enjoyed it. I also enjoyed seeing her excitement and asking questions about the sport. Netball was defiantly a conversation piece and at times brought a household debate between my daughter and I against my son and husband. Of course they felt it couldn't compare to basketball. I was surprise how much I learned about the sport to support my argument. Overall I'm glad we had this opportunity. Unfortunately we cannot continue to play only because of other activities and scheduling otherwise we would be there. So again thanks and we will see you next year.

Cherron Harris

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